



## Charting the Human Performance Envelope: Results from simulator experiments

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# Outline

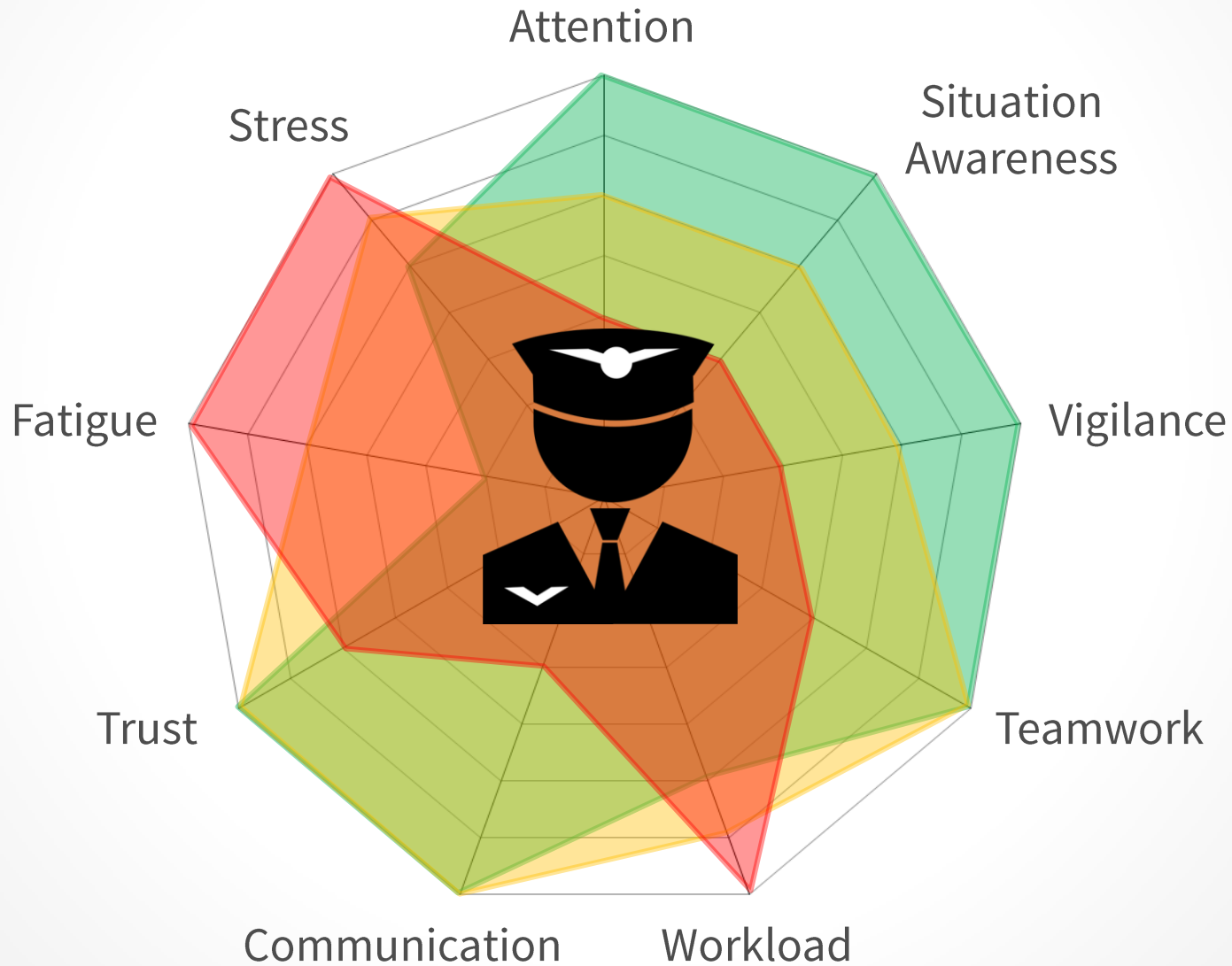


- Background
- Human Performance Envelope
- Simulator experiments
- Database
- Extracted features
- Results
- Ongoing work
- Conclusion

# Background

- Many safety critical domains rely on human operators (**Air traffic control, Aviation**, Maritime, Rail, Military, Medical, etc.)
- In Air Traffic Management, **incidents** are often the result of **2 or more factors**
- This has led to the notion of a **Human Performance Envelope (HPE)**
- Need to know when operators are approaching the **edges of acceptable human performance**, e.g. when should automation take over?





# Simulator experiments

## 8 different runs were defined

- Turbulence throughout whole scenario
- Approach and RWY change during initial approach (between IAF and FAF)
- Low fuel situation throughout whole scenario
- Delay vectors during initial approach (between IAF and FAF)
- Loud noise during final approach (between FAF and landing)
- Low visibility throughout whole scenario
- Localizer interference during final approach (between FAF and landing)
- Wind shift during final approach (between FAF and landing)

Run 1	Run 2	Run 3	Run 4	Run 5	Run 6	Run 7	Run 8
	Medium	High	High			Medium	High
			X				
				X		X	X
				X		X	X
				X			X
					X	X	X
					X	X	X
					X		X

*Baseline*    *M WL*    *H WL*    *VH WL*    *H Stress*    *H SA*    *M WL, M Stress, M SA*    *H WL, H Stress, H SA*

**M WL:**            Medium WorkLoad  
**H WL:**            High WorkLoad  
**VH WL:**          Very High WorkLoad  
**H Stress:**        High Stress  
**High SA:**        High/reduced Situation Awareness

# Database



## Performance data obtained from the simulator:

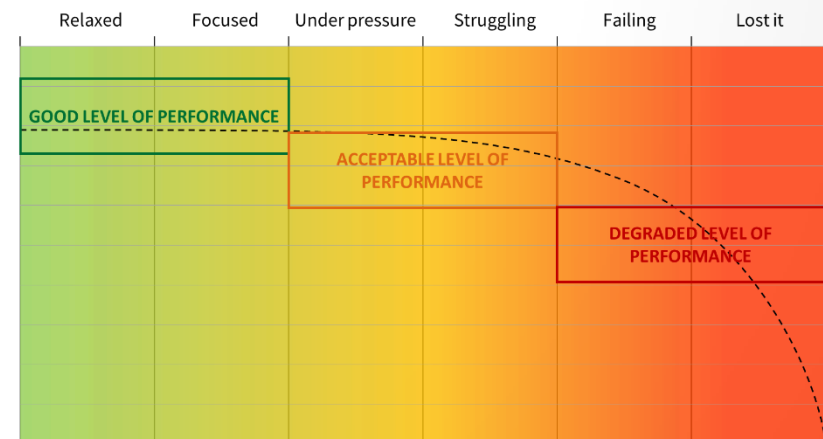
- Speed
- Heading or track
- Altitude
- Vertical speed
- Localizer
- Glideslope
- Application of procedures



# Database

## Subjective data:

- NASA-TLX
- ISA
- 10D-SART
- Samn-Perrelli
- Debriefings
  - Performance curves
  - Behavioral markers





# Database

## Physiological data:

- Eye tracking glasses (electro-oculogram, EOG)
  - Pupil dilatation
  - Blinking rate
  - Gaze direction



[www.smivision.com](http://www.smivision.com)





# Database

## Physiological data:

### ➤ CSEM vest:

- Two electrocardiograms (ECG) leads
- A transthoracic bio-impedance
- Skin temperature
- Accelerometer
- Multi-channel photoplethysmography (PPG)

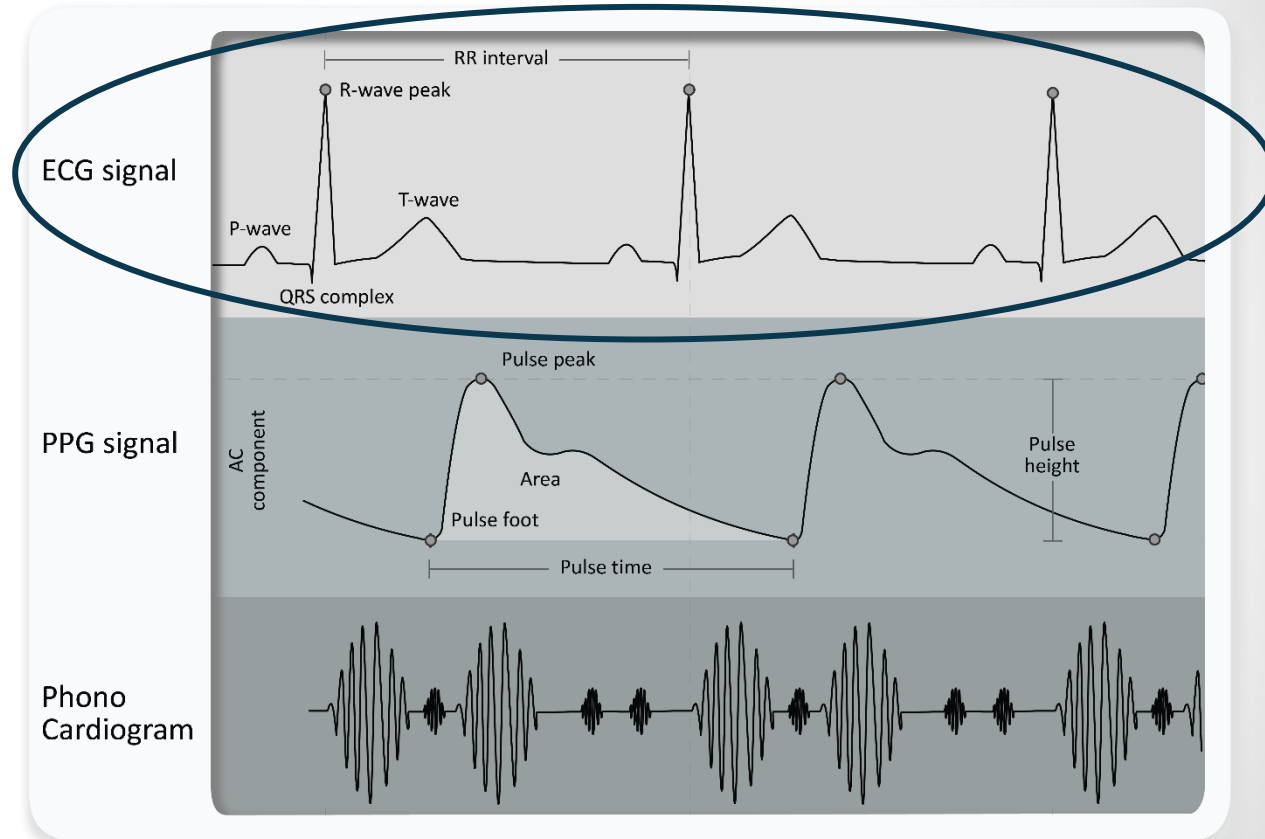


# Extracted features



## ECG signal

- RR intervals (*ms*)
- Heart Rate, HR (*bpm*)

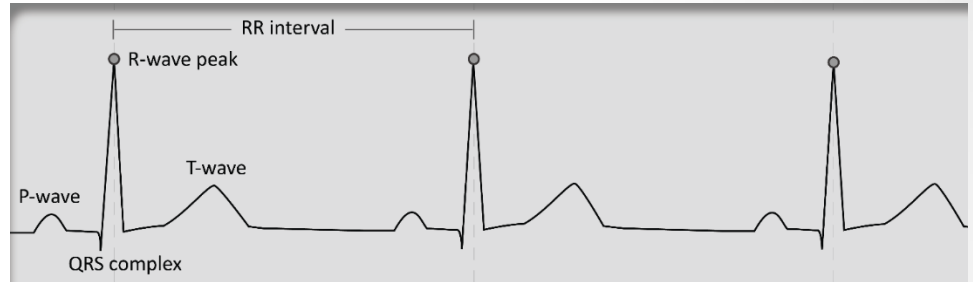


# Extracted features

## Heart rate variability (HRV)

- HRV in time domain:

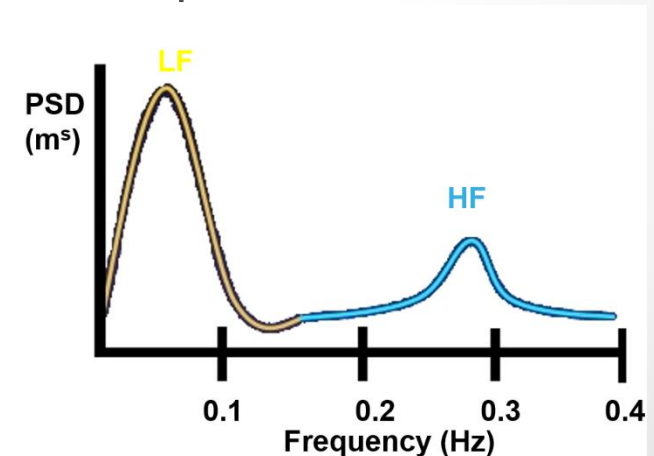
- SDNN (standard deviation of NN intervals,  $ms$ )



- HRV in frequency domain:

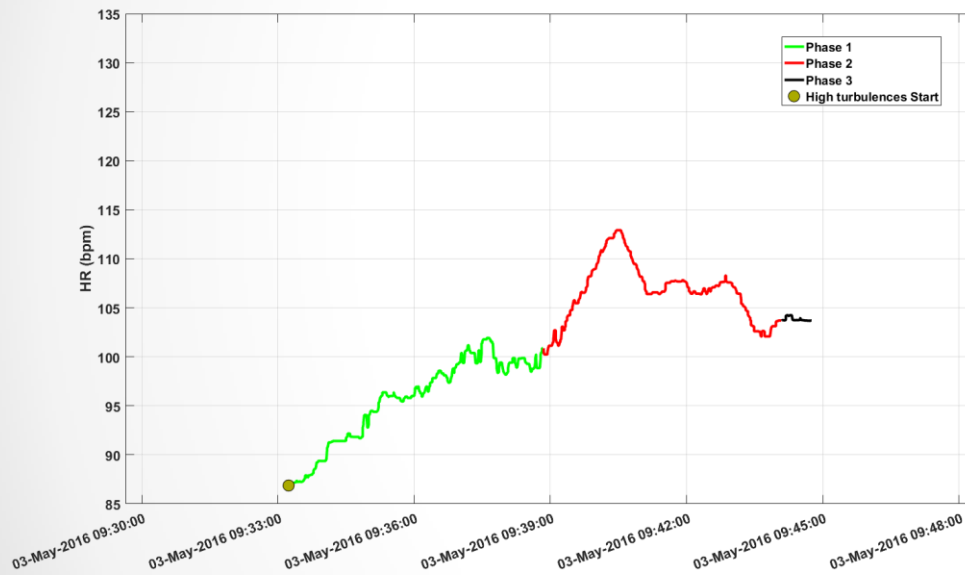
- HF (High frequency, 0.15 – 0.4 Hz,  $ms^2$ )
- LF (Low frequency, 0.04 - 0.15 Hz,  $ms^2$ )
- VLF (Low frequency, 0.0033 - 0.04 Hz,  $ms^2$ )

## Spectral estimation

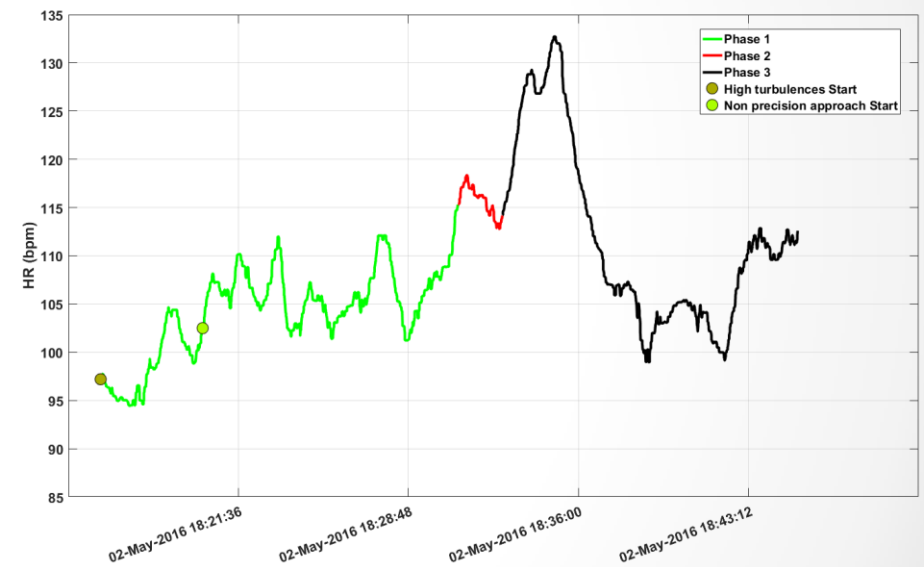


# Results on a single pilot

## Run 3: High workload



## Run 4: Very High workload

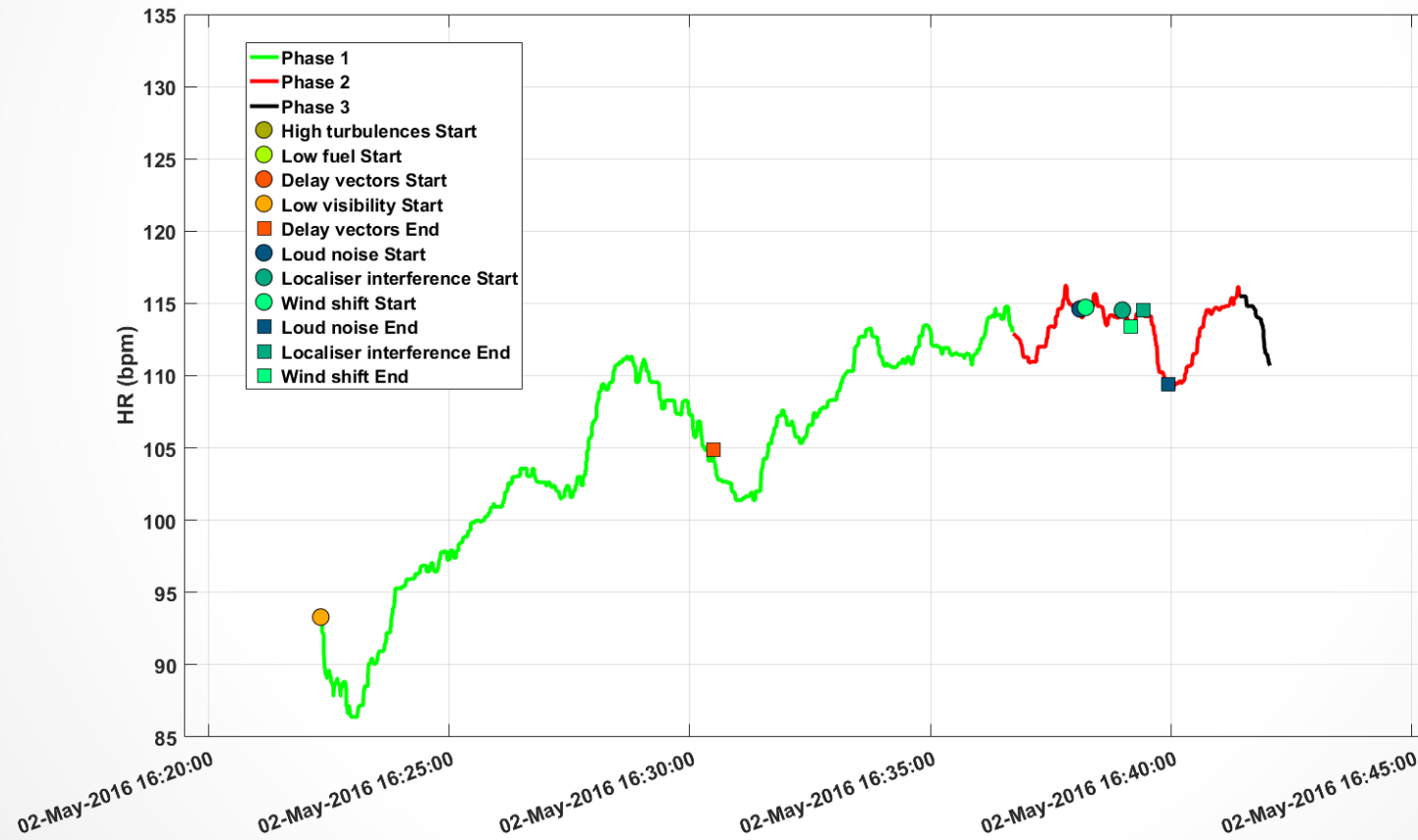


Phase 1 = Start -> TOD glideslope  
Phase 2 = TOD -> Decision altitude  
Phase 3 = Decision altitude -> End

# Results on a single pilot



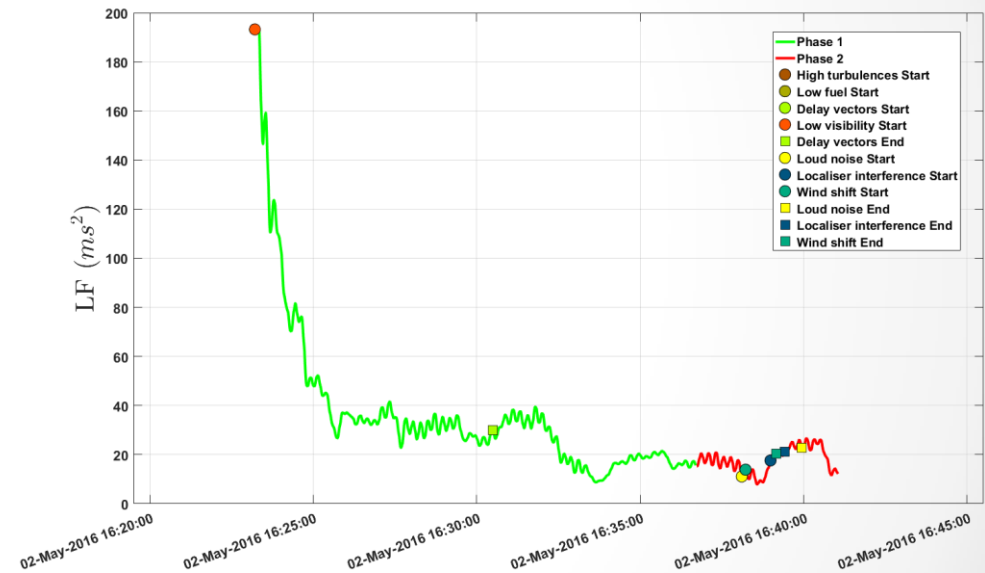
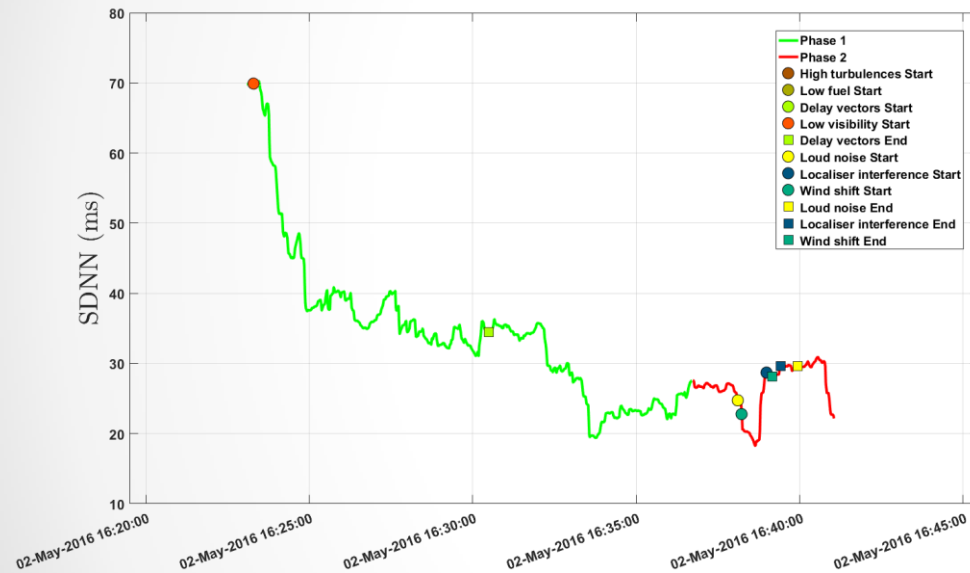
## Run 8: High workload, high stress, high/reduced SA



# Results on a single pilot



## Run 8: High workload, high stress, high/reduced SA

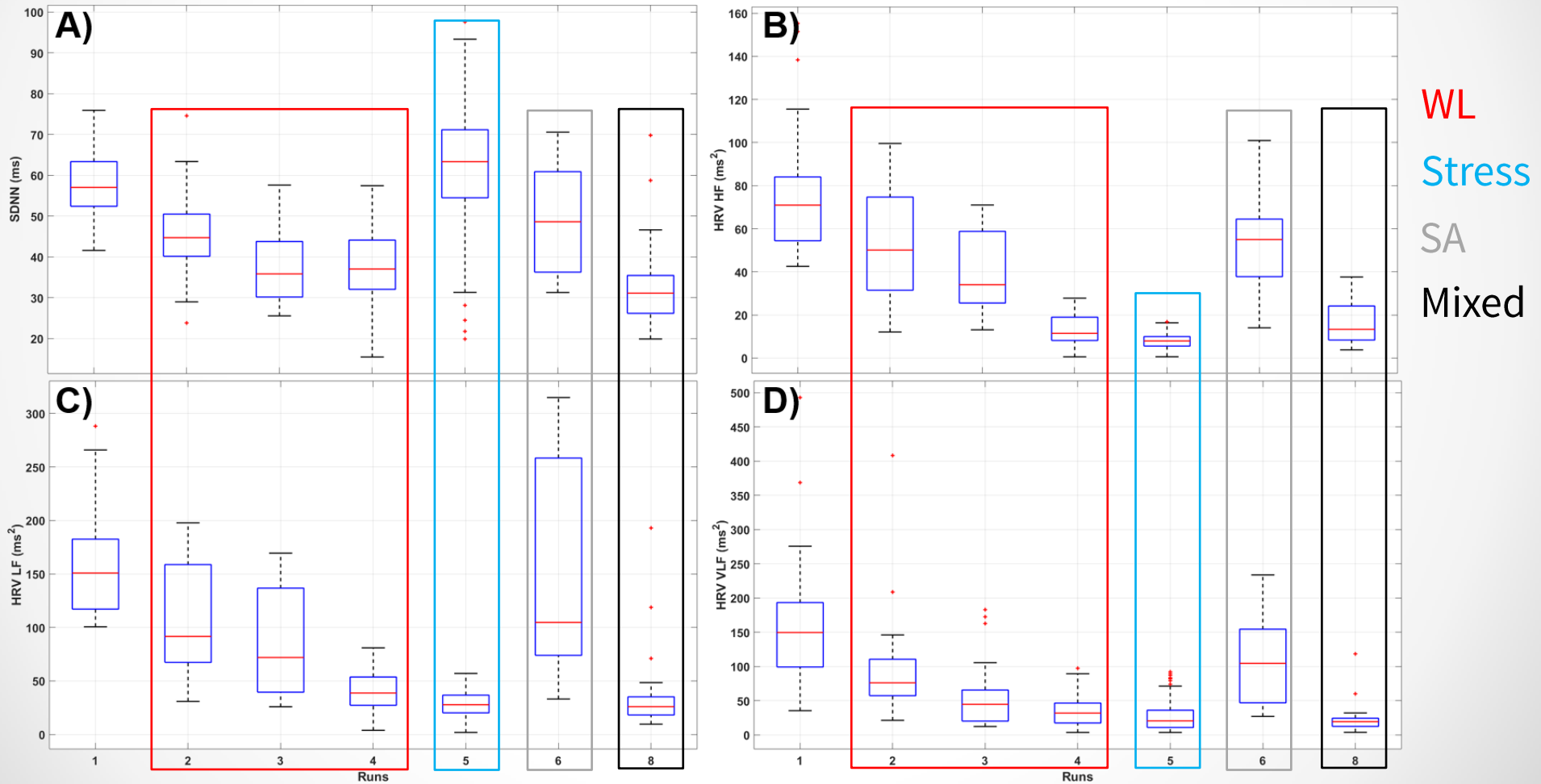


Phase 1 = Start -> TOD glideslope  
Phase 2 = TOD -> Decision altitude  
Phase 3 = Decision altitude -> End

# Results on a single pilot



## HRV features

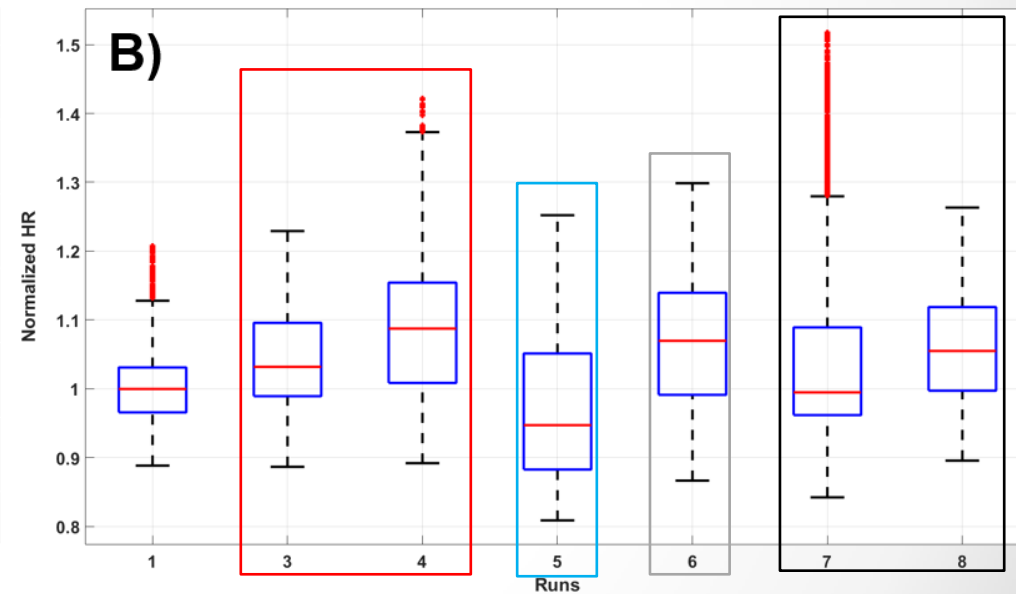
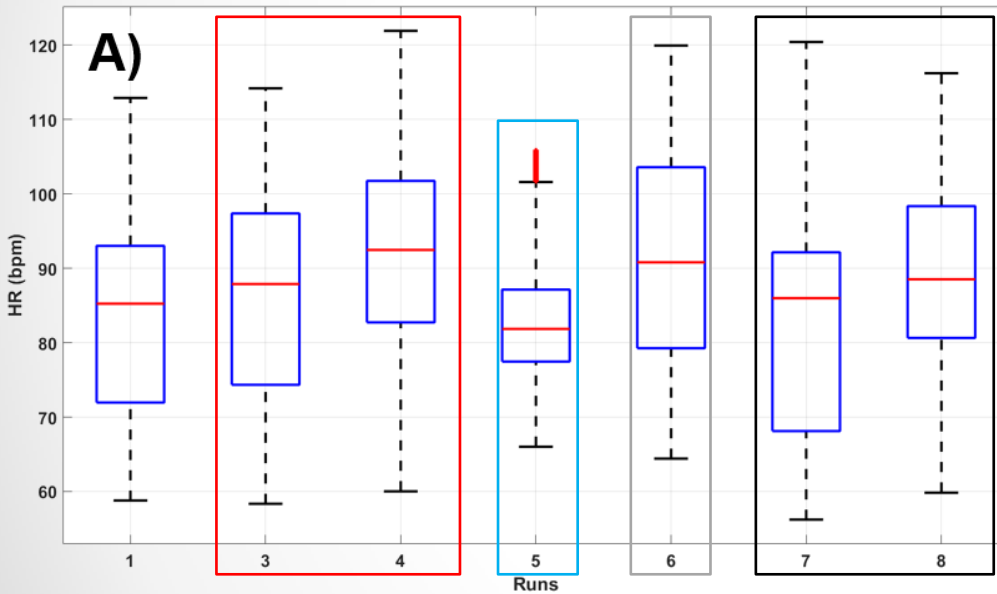




# Results of group analysis



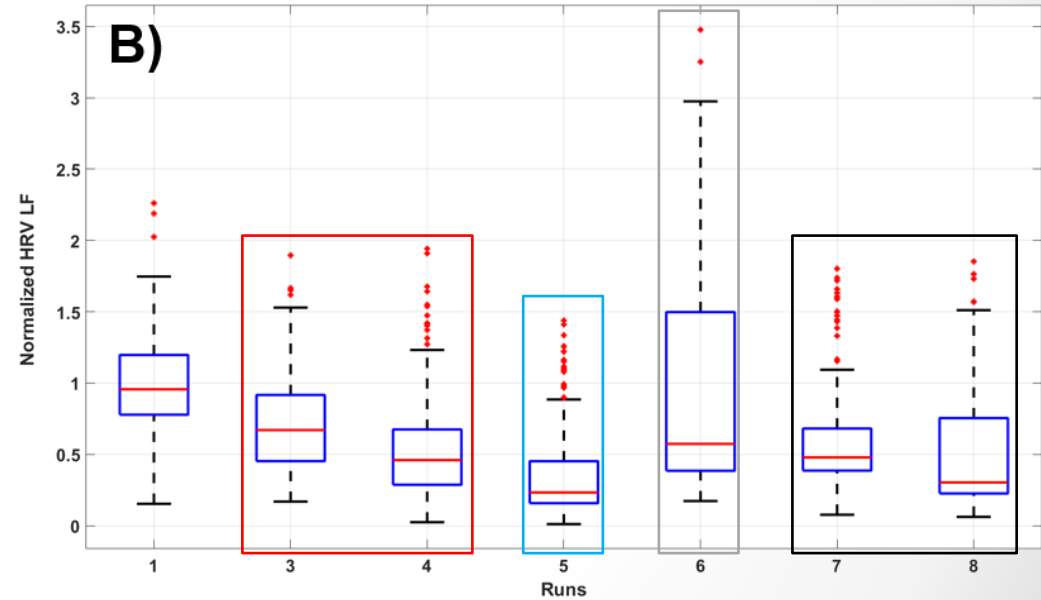
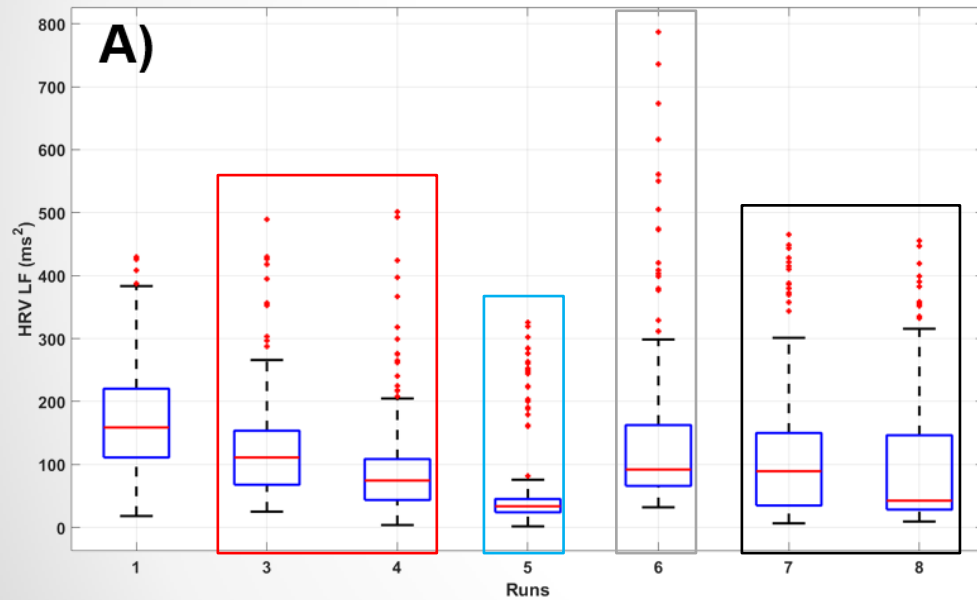
WL Stress SA Mixed



# Results of group analysis



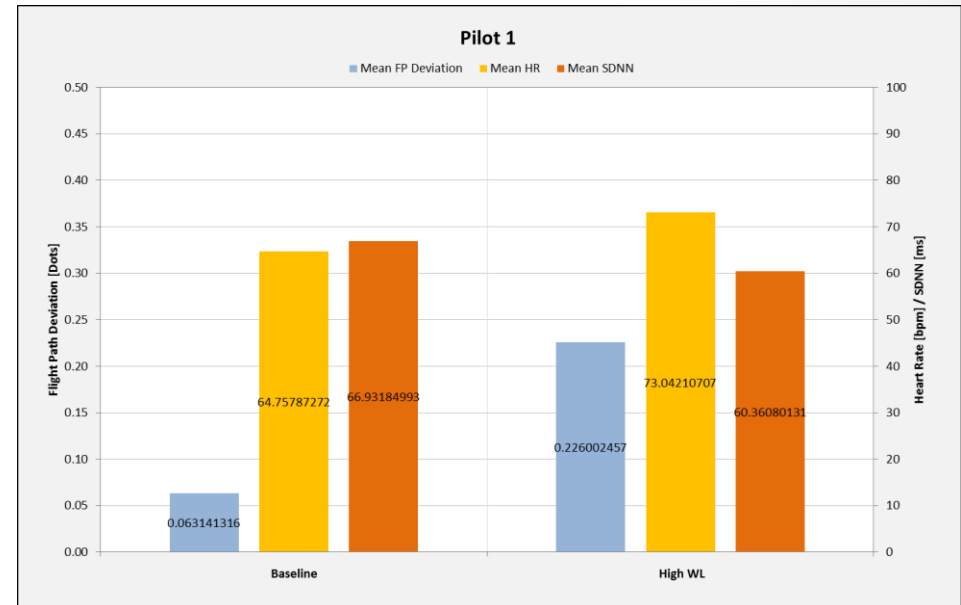
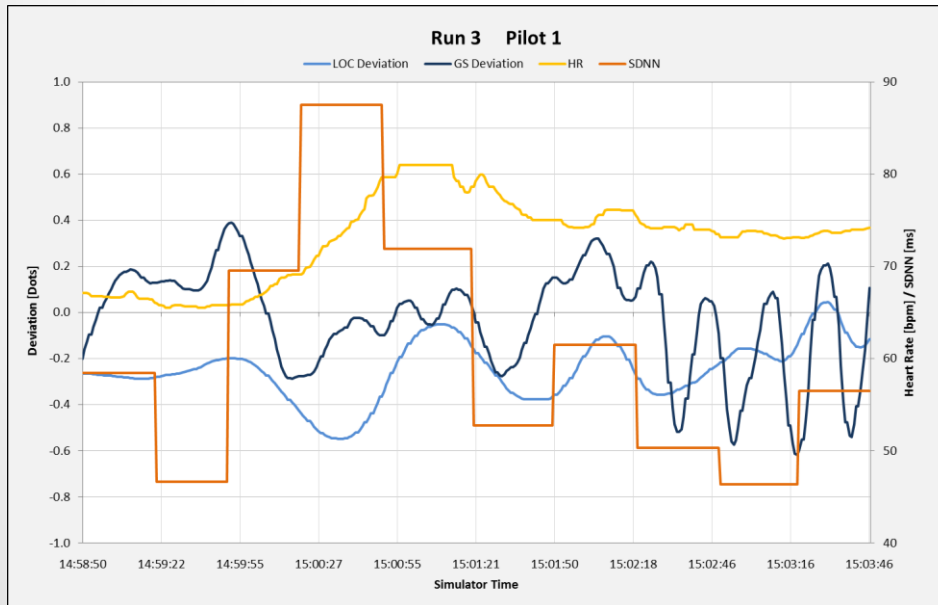
WL Stress SA Mixed



# Ongoing work



## Performance vs physiological parameters



# Conclusion



- Physiological measures such as HR, SDNN, HF, LF and VLF are sensitive to an increase in workload and/or stress.
- **High/reduced SA** (Run 6) was very often **not significant** to the baseline.
- **HR and SDNN** were particularly sensitive to the **increase in workload**.
- **HRV features** derived from the spectral analysis (HF, LF and VLF) showed a significant response to the **increase of stress**.
- Normalization of the HR is important in the group analysis (reliable baseline is required).

Project #6  
HUMAN  
PERFORMANCE  
ENVELOPE



Thank you